



## WAXING PROTOCOL

## **6 Things You Didn't Know About LYCON wax!**

LYCON is Australia's #1 wax sold worldwide and the wax of choice in top spas and salons across the globe! Formulated with the finest resins, pure beeswax and sensuous aromatherapy and natural plant oils, LYCON is the world leader in quality waxes which deliver superior results.

### **1) LYCON was started on Lydia Jordane's, Founder of LYCON, stove top**

When Lydia's family migrated to Australia from Europe in 1964, she attended an all-girls high school. On her first day at school, Lydia noticed she was the only girl in her class with hairy legs. Lydia was determined to have hair-free legs like the other girls. Her father was a cosmetic chemist and so she had access to various ingredients. She locked herself in her room and experimented to remove hair with razors and depilatory creams. She disliked the way her hair grew back which was fast, prickly and coarse. She found out about waxing and liked the idea of having smooth skin. Inspired by this she decided to develop her own wax.

One day, Lydia's father arrived home unexpectedly to find Lydia with a saucepan of wax bubbling on the family kitchen stove, "What's cooking?" her father asked. "It's caramel!" Lydia replied despite knowing it would be hard to convince a cosmetic chemist that the smell of pine resin could possibly be caramel. However, to Lydia's delight, her father had also noticed the different hair removal practices in Australia and little did she know that this was the beginning of her future waxing business!

Many years later Lydia began to work as a beauty therapist and was able to perfect her own special formula. The wax had to be easy to use, pliable, have the ability to remove short, stubborn hair and be comfortable for all skin types. LYCON wax was born! LYCON remains the standard for quality professional waxing around the world.

### **2) LYCON is celebrating their 40-year Anniversary this year**

LYCON is excited to be celebrating its 40-year Anniversary this year! LYCON continues to be on the leading edge of innovation in the hair removal industry and is committed to launching new products. Over the years LYCON has grown from one wax developed on Lydia's stove top to a complete and

comprehensive line of waxes, both strip and hard, as well as a full line of retail products. In 2009 after extensive R&D, LYCON launched a new generation, ultra flexible and strong LYCOtec White Hot Wax and extra gentle LYCOtec White Strip Wax with shimmering micro mica. These high-tech waxes both contain LYCON's unique Titanium Dioxide technology and a beautiful vanilla coconut scent. LYCOtec waxes provide world leading flexibility and ease of use. Moreover, they give excellent hair removal results, have a very low working temperature and are super gentle, ensuring customer comfort and satisfaction.

Following the success of the original LYCOtec white wax, in 2012 LYCON expanded the LYCOtec range to incorporate LYCOtec Superberry hot and strip wax. LYCOtec Superberry offers all the same world-leading LYCOtec performance in beautiful, berry-scented pink waxes. Further on in 2012, LYCON launched LYCOdream - this unique hybrid hot wax is a precise balance between LYCON's legendary hot wax and LYCOtec hot wax formulas. Applied as thin as a film wax, LYCOdream is super pliable, has all the strength and grip of LYCON hot wax and will not break on removal.

With every growing demand for Brazilian waxing, in 2017 saw the launch of PINKINI Brazilian Care range, with the PINKINI Hybrid Hot Wax, which contains Tasmen Berry to soothe and nurture the skin while waxing. In addition, the PINKINI range contains some intimate care products for home use, such as the PINKINI Lightening Serum and PINKINI Intimate Wash.

### **3) LYCON's Sunshine Hot Wax (aka Lydia's Wax) was the first LYCON wax to be sold**

The first wax was aptly named "Lydia's Wax," which was sold in enamel mugs to pharmacies around Australia. In 1978, Lydia decided to share her secret and make it available to beauty salons so their clients could benefit from this unique wax. Lydia's business grew quickly and in 1980, "Lydia's Wax" became known as LYCON WAX. Word spread not only in Australia, but also overseas at a rapid rate.

### **4) LYCON is sold in over 70 countries around the world**

Initially, LYCON was sold in Australia, Asia and the Pacific Region. In the 90's Lydia ventured into the American market by exhibiting LYCON at a trade show

in Las Vegas and took time to investigate the American salon industry. It was during this time that she discovered a famous New York spa with an extensive celebrity clientele.

Upon experiencing the quality of LYCON waxes, its gentleness and superior hair-free results, the owner and therapists were so impressed that they immediately recruited LYCON for all their waxing treatments. It was decided that this trendy SoHo spa, which now has branches worldwide, would use LYCON products exclusively as well as distribute the LYCON range to salons throughout the United States.

The popularity of LYCON spread throughout the world and LYCON is distributed in over 70 countries and has a following of the world's leading salons and spas across six continents.

#### **5) The Spice Girls flew LYCON wax to a location in the USA in order to be waxed by LYCON**

The Spice Girls were touring in the USA and insisted that they have a wax with LYCON. They were able to fly the wax in specifically to their location in order to have their wax! LYCON is known by celebrities including Sienna Miller.

#### **6) LYCON recently moved to a brand new 80,000 sq ft manufacturing facility in Pinkenba, Australia (which is fitting because LYCON is pink!)**

In 1987, Lydia relocated her manufacturing operations from her home to larger commercial premises. Lydia continued to expand her waxing range and incorporated the soothing aromatherapy properties of Apricot Oil in LYCON's iconic Apricot Wax, followed by other waxes that included calming and nurturing ingredients such as Aloe Vera, Azulene, Chamomile, Rose, Lavender and Australian Sandalwood Oil.

Since the company's inception, LYCON's spirit of innovation and continual product development has incorporated the best natural ingredients with the latest in science and manufacturing process. All R&D and Quality Control is carried out at LYCON headquarters in Brisbane for consistent quality control and ensuring the optimum in product safety and efficacy. LYCON does not conduct animal testing and every LYCON product is extensively laboratory and salon

tested to ensure it complies with the highest international safety and quality standards.

LYCON COSMETICS has been admitted as a member of Q400 for several consecutive years, a list of the top 400 privately owned companies in Queensland, Australia.

### **LYCON TIP: THE LYCON WAXING SYSTEM SALON EXPERIENCE!**

Salons who start to use LYCON find that their waxing business grows by at least **20% within 6 weeks**. Word of mouth when someone has LYCON waxing is amazing, as they cannot believe how much better waxing is when they have LYCON waxing. They tell their friends and salons who use LYCON find their waxing business grows very quickly.

## WHAT MAKES LYCON **STRIP WAXES** DIFFERENT?

1. **NO STICKY RESIDUE-** Do not leave sticky residue.
2. **THIN APPLICATION-** Can be applied very thinly, so they are economical.
3. **LESS USAGE-** You can get 36 half leg waxes from one 1kg jar, or 28 half leg waxes from a 800g jar.
4. **SUPER SENSITIVE & GENTLE-** They are very gentle on the skin.
5. **REMOVE SUPER SHORT HAIR-** They remove very short hair, eg 2-3mm, and they remove long hair too.
6. **A STRIP WAX FOR EVERY SKIN TYPE-** Some Lycon Strip waxes are clear and some are opaque. The opaque strip waxes contain Titanium Dioxide and they are even more gentle on the skin.
  - Some Lycon Strip waxes are made with Synthetic resin and they are LYCOtec white and LYCOtec SuperBerry strip waxes. These also contain Titanium Dioxide that makes them very gentle on the skin. They come off the skin very easily, they do not leave sticky residue at all and are extra kind and nurturing to the skin.
7. **EXTRA SOOTHING INGREDIENTS-** Some LYCON strip waxes also contain Micro Mica, which is not only pretty, as it is shiny and sparkly, it helps to make the waxes less sticky and more gentle also.

## WHAT MAKES LYCON **HOT WAXES** DIFFERENT?

1. **LOW WORKING TEMPERATURE-** They have a very low working temperature, so they do not feel hot on the skin. (Most other brands of hot wax are quite hot and leave a stinging/burning feeling on the skin.)
2. **GREAT FOR SENSITIVE SKIN-** Because they have a low working temperature, you can reapply them on the same area 5-6 times, without the client feeling the heat or end up with any irritation. Very important when waxing the sensitive areas, like the face, underarms and bikini and Brazilian. (Most other brands you cannot do this with. You can only put the wax on once and if there is hair left behind, it is either left behind or the therapist needs to tweeze it)
3. **REMOVE HAIR AS SHORT AS 1MM-** LYCON hot waxes remove hair as short as 1mm. You don't need to tweeze at all, or maybe just a few hairs after Lycon hot wax. Tweezing is time consuming and painful, so this can be avoided.

4. **LONG LASTING RESULTS-**Waxing with Lycon lasts longer, because you can remove such short hair.
5. **VERY GENTLE ON SKIN-** Lycon hot waxes are very gentle.
6. **REDUCED PAIN-** Most clients are very surprised that LYCON hot waxing does not hurt.
7. **SELECTION OF WAXES TO CHOOSE FROM-** We have a big variety to choose from and there are differences between them, so the therapist can work with a suitable wax that is best for the client and their hair strength and type.
8. **CONTAIN EXTRA SOOTHING INGREDIENTS-** Some LYCON hot waxes are clear, a bit like a gel and they are made from pine resin. Many have soothing and calming aromatherapy ingredients. Some LYCON hot waxes also contain Titanium Dioxide and these are not gel like, they are opaque, that means not clear. Titanium Dioxide has a calming effect on the skin, so Lycon opaque waxes are extra gentle and excellent for sensitive areas. Most Lycon hot waxes contain aromatherapy ingredients for extra calming and soothing benefits during waxing.

All LYCON hot waxes remove hair as short as 1mm and all of them can be reapplied on just waxed skin 5-6 times, without the skin feeling irritation, no skin peeling, no bruising and no redness. It is just always very important to apply LYCON Pre-Waxing Oil before any LYCON hot wax application and also if you need to reapply LYCON hot wax on the same area, you must always reapply LYCON Pre-Waxing Oil, before you reapply hot wax areas where hot wax has just been removed.

Although all LYCON hot waxes are generally equally strong, there is one exception. If a client has very strong and short hair, then the LYCON gel type hot waxes are a little stronger. This means for difficult strong hairs, the gel type waxes will be better.

## WHAT MAKES LYCON **LYCOJET** DIFFERENT?

The Lycojet Hot Waxes are available in 2 flavours: Lavender and Desert Rose. They are the same, but some people prefer one or the other. They are used like all LYCON hot waxes, but Lycojet are more economical as Lycojet can be used about 1/3 of the thickness of hot wax. They are also very strong, they are a gel type wax, so they are an excellent wax when you need to remove short hair on large areas. For example if strip wax cannot remove short hair on the legs, then you can use Lycojet to make sure waxing is professionally done and most and more likely all hair has been removed, which needs to be the professional waxing therapists aim for every waxing treatment.

It is important to always also protect the skin with LYCON Pre-Waxing Oil before Lycojet application and if you need to reapply Lycojet on the same area, you need to always reapply LYCON Pre-Waxing Oil before further wax applications on the same area.

## WHAT MAKES LYCON **LYCOtec** HOT WAX DIFFERENT?

**EXTRA PLIABLE**-These are made from a different material and fantastic for therapists who have never used hot wax before. They are a lot easier to wax with and also remove hair as short as 1mm. You can apply them 5-6 times on the same area, make sure you use LYCON Pre-Waxing Oil, before LYCOtec hot wax application and reapplication on the same area.

**GENTLE ON SKIN**-They contain Titanium Dioxide and are very gentle on the skin. they are designed to be used thinly, so if a client has short hair on the legs, you can wax straight away with LYCOtec, no need to strip wax. It is very clean and easy way to wax and the best thing about it is that do not break on removal. If you have no hot waxing experience, LYCOtec is very easy to hot wax with.

## WHAT MAKES LYCON **LYCODREAM** HOT WAX SO DIFFERENT?

LYCOdream is a hybrid hot wax, which is a mixture between LYCOtec and Lycojet Desert Rose. An absolute dream to work with. It is strong, gentle, will not break, looks good, smells good and removes short hair super well. Can be applied many times over on the same area and it can be used thinly, so it is also economical.



\*\*\*Some LYCON hot waxes also contain Micro Mica, which is not only pretty, as it is shiny and sparkly, it helps to make the waxes softer than they already are, which makes them extra gentle on the skin also.

## **WHY USE LYCON PRE & POST PRODUCTS?**

We have an excellent selection of pre and post waxing lotions that make the waxing treatment easier, cleaner and less painful, which is a huge advantage for the therapist and clients. LYCON Pre-Waxing Oil needs to be used sparingly. A little goes a long way. It is mostly used in conjunction with LYCON hot waxing.

(LYCON Pre-Waxing Oil is has been found to be also helpful to be used before strip wax application. **“But”** in this case you need to use an absolute minute amount the oil. Really very very little of it. If you apply to much, just wipe the area with a tissue or towel to remove the oil and then you can wax with the strip wax.)

**LYCON TIP:** Pumping a small amount of the Pre-Waxing Oil onto the back of your hand and then applying from there is an easier way to pump a small amount.

**For all hot waxing you need to use:** Lycotane, Pre-Waxing Oil, Tea Tree Soothe,

**For all strip waxing you need to use:** Lycotane, Tea Tree Perfect OR Perfect Finish OR Tea Tree Soothe.

**To clean wax off furniture, wax heaters, clothes, the waxing bed, the floor:**

Always use LYCON Wax Solvent. It will not affect or damage anything. But it is never to be used on a client's skin.

(see instructions on the bottles)

## **WHY DOES WAXING REDUCE HAIR GROWTH?**

By Lydia Jordane, CEO & Founder, LYCON Cosmetics

I started to have my legs waxed in 1967 when I was 17 and have not used a razor since. I think many find it intriguing as to why hair stops growing as a result of waxing.

LYCON Hot Wax has the ability to grip the hair extremely well, removing hair as short as 1mm, enabling you to offer longer lasting results to your clients. By being able to remove such short hair you are making sure the retardation of the hair growth is more effective, as you have the ability to remove the hair before it becomes too established in its regrowth. In addition there is no need to wait for the hair to grow long before you can remove it, which is an excellent advantage.

So why does hair stop growing after regular waxing?

Every time a hair is pulled out by the roots, the base of the hair follicle is slightly injured. The injury is actually a little tear at the base of the follicle. This is also the reason why clients with strong hair growth under the arms and elsewhere may experience slight temporary bleeding from the follicle.

When this happens nature makes certain the skin repairs itself. Part of the repairing process results in a microscopic scar at the base of the hair follicle.

The other thing that alters is the dermal capillary activity, which is essential nourishment for hair growth. The capillary activity reorganises itself to a certain extent, minimising nourishment required for a healthy hair growth. This is one of the reasons scar tissue is always different to normal skin and you usually find that scar tissue due to operations and accidents is generally hair free.

So, in fact we are offering a hair retardation process while waxing. To make sure waxing reduces and eliminates hair regrowth as much as possible, it is important to be able to remove very short hair effectively each time you wax. Using LYCON Hot Waxes makes this possible.

Many clients have dormant hair regrowth, particularly on the legs. The dormant regrowth is usually about 1mm long or even shorter while the rest of the hair has grown as long as 1cm. This is common with strong hair growth. Many clients have

a dormant hair growth even if they haven't had waxing for 2 to 3 months. Once the longer hairs are removed, the dormant hair begins to grow immediately.

## **WAXING PROTOCOLS**

### **FACIAL WAXING**

LYCON Strip Wax can be used on the face, however LYCON recommends waxing with a LYCON Hot Wax as they are more gentle on sensitive areas and will remove hairs as short as 1mm.

### **EYEBROW WAXING**

1. Cleanse the skin with LYCON Lycotane using a cotton pad. Allow skin to dry or tissue off before applying strip wax.
2. Apply wax very thinly underneath or above eyebrows with the hair growth using a paddle-pop stick. Do not apply wax on hair that does not need to be removed.
3. If wax is applied to hair that does not need to be removed, do not put a waxing strip over it, because the strip will remove the wax along with the hair. Instead clean the wrongly applied wax off the hair using LYCON Perfect Finish with a cotton bud, then proceed with the remainder of the waxing treatment.
4. Remove wax with an LYCON Epilace waxing strip against the hair growth while supporting the skin with one hand.
5. If all the hair is not removed after one application, repeat the process again. Reapplication can be done immediately after removing the first application. However, if the hair is too short and strip wax will not remove it, you need to switch to a LYCON Hot or Lycojet Wax.
6. Once all the hair has been removed, cleanse the waxed area with LYCON Lycotane. Then apply a light film of LYCON Perfect Finish or LYCON Tea-Tree Perfect to soothe and moisturise, as well as remove any sticky residue.

### **LIP WAXING**

1. Cleanse the skin with LYCON Lycotane using a cotton pad. Allow skin to dry or tissue off before applying strip wax.
2. Apply wax thinly all over the lip area with the hair growth using a paddle pop stick.

3. Make sure you support the skin well with one hand, as you remove wax with an waxing strip against the hair growth. Do not remove all the wax on the lip in one pull as this can bruise the lip. It is best to remove it in sections. First one side, then the other side, then the centre of the lip. You can even do the sides in four sections to make sure you support the skin well in the centre of the lip.

## **LYCON HOT WAXING METHOD**

### *IMPORTANT FOR ALL WAXING*

- Prior to waxing, use a wooden spatula to test wax on inside of wrist for a comfortable working temperature. Wax should feel warm but not too hot. If it feels too hot, let wax cool then test again.
- It is important to apply gentle finger or hand pressure to any area where wax has just been removed, which will soothe the skin minimising discomfort and pain for the client.

## **LEG AND ARM WAXING**

1. Using a thermostatically controlled wax pot, melt wax thoroughly at 120°C then cool to working temperature, which is approximately 55°C.
2. Cleanse the skin with LYCON Lycotane.
3. Apply a very light film of LYCON Pre-Waxing Oil massaging well into the skin. LYCON Pre-Waxing Oil prevents wax from sticking to the skin. Apply the oil sparingly as too much oil will prevent the wax from sticking to the hair.
4. Using the edge of the wooden spatula, apply wax in sections about 6 x 12cm long. Hot wax should be applied against the hair growth lifting the hair into the wax, then smoothing the hair down with the wax in its natural growing position (a). Several patches of wax can be applied to the leg making sure they do not touch each other. The thickness of the wax application should be about 2mm. The edges of each wax patch must be full and rounded which will make it easier to flick and remove more comfortably.
5. To remove wax, flick the lower part of the wax strip upwards. Grip the flicked edge firmly and pull it off reasonably quickly against the hair growth (b). It is important to soothe the area as soon as the wax is removed by gently rubbing the skin or applying gentle hand pressure. TIP: Gentle hand pressure is best on the bikini line, underarm and face and gentle rubbing is better on legs and arms.

6. Reapply wax in patches on the remaining hairy areas, making sure wax is not too hot on clients that may have sensitive skin.

Wax may be applied several times to the same area ensuring that a light film of LYCON Pre-Waxing Oil is re-applied in between applications. However if the client is sensitive, you may need to allow some time in between wax re-applications, allowing the skin to cool. TIP: After the first few wax patches have been removed, additional patches can be applied larger in size - this will speed up the waxing process.

7. Once all the hair has been removed, cleanse and disinfect the waxed area with LYCON Lycotane. To complete the waxing treatment apply a light film of LYCON Tea-Tree Soothe or LYCON Soothing Cream to soothe, protect and moisturise the skin.

## **UNDERARM WAXING**

1. Cleanse the skin with LYCON Lycotane.
2. Apply a very light film of LYCON Pre-Waxing Oil massaging well into the skin. LYCON Pre-Waxing Oil prevents wax from sticking to the skin. Apply the oil sparingly as too much oil will prevent the wax from sticking to the hair.

The underarm area can be done in one, two or three sections, depending on the amount of hair to be removed.

4. As underarm hair grows in several directions, assess the hair growth to determine approximately how many patches will be required. Using the edge of the wooden spatula, apply wax with good pressure against the hair growth.
5. To remove wax, flick the lower part of the wax strip upwards. Grip the flicked edge firmly and pull it off reasonably quickly against the hair growth, holding the skin taut and firm.
6. If the hair is stubborn you may repeat several wax applications providing LYCON Pre-Waxing Oil is reapplied in between wax re-applications.
7. Soothe the skin after each wax patch is removed by applying gentle hand pressure or gentle tapping.

8. Once all the hair has been removed, cleanse and disinfect the waxed area with LYCON Lycotane. To complete the waxing treatment apply a light film of LYCON Tea-Tree Soothe.

## **LYCOJET METHOD OVERVIEW**

### **INSTRUCTIONS**

1. Cleanse the skin with LYCON Lycotane on a cotton pad.
2. Then apply a light film of Pre-Waxing Oil by hand and massage well into the skin. Pre-Waxing Oil presoothes skin before waxing and prevents wax sticking to skin. It makes waxing a lot more comfortable for the client and easier for the operator because it allows the wax to peel off the skin instead of dragging the skin. It is important to apply LYCON Pre-Waxing Oil sparingly. If too much oil has been applied the wax will not adhere to the hairs easily. If too much oil has been applied, simply wipe excess oil off.
3. Depending on where you are waxing, an appropriate wooden spatula is best for LYCON Lycojet waxing. For legs, bikini and underarms use a tongue depressor. For eyebrows, a cuticle stick (orange wood) is excellent and for the face a cuticle stick or a small spatula can also be used.
4. The working consistency of LYCON Lycojet needs to be slightly thinner than the consistency of traditional hot wax. If it is too thick, you will apply the wax thicker than necessary, which wastes wax. LYCON Lycojet is designed to be applied in one third of the thickness compared to traditional hot wax, therefore the application consistency is important.
5. It is advisable to have much less LYCON Lycojet on the spatula compared to traditional hot wax, so you can apply it super thinly. For best results have wax only one inch up the spatula and apply in patches of about 15-20 cm long and no wider than 4-6cm.
6. The best way to apply LYCON Lycojet is to hold the spatula at 90° to the skin's surface, press firmly and apply the wax against the hair growth using the edge of the spatula. Press the spatula and scrape firmly over the skin, against the hair growth. For easier removal, form a thicker wax edge as you apply wax.
7. Remove wax against the hair growth. To pull the wax off, support the skin by holding it taut with one hand and pull the wax off briskly. Do not pull the strips off

too quickly, however not too slowly either. Pulling the strips too quickly causes the wax to break. It is best to pull the strips off at an angle and not straight up the limb. After every strip removal, immediately apply pressure or gently rub the area to soothe the skin.

8. LYCON Lycojet is used at a low temperature so you can re-apply additional patches over just waxed areas immediately after previous patches are removed. Always reapply a light film of LYCON Pre-Waxing Oil in between wax applications as oil is removed with every wax patch. Re-application makes sure the skin is protected and soothed so wax does not stick to skin.

9. Once the waxing treatment has been completed cleanse the skin with Lycotane to close the hair follicles and protect skin from bacterial invasion.

10. To complete the treatment, apply LYCON Tea-Tree Soothe or LYCON Soothing Cream to soothe and moisturise the skin. LYCON Tea-Tree Soothe is excellent for the face, underarms, bikini line, legs and arms as it is lighter while LYCON Soothing Cream is better for someone who has very dry skin.

The method in which to use LYCON Lycojet differs slightly with regular hot wax and it may take a little time and practice to adjust to the technique. There are two different ways to apply Lycojet, one for short hair and one for longer hair. Because Lycojet is designed to be used thinly, wax needs to be applied reasonably quickly before wax begins to set. If you apply LYCON Lycojet slowly, you end up applying it thicker than required, which is a waste of wax, as well as a waste of time. It is important to press the spatula firmly as you scrape the spatula against the hair growth reasonably quickly, forming a thicker edge as you apply wax. By the time you have read the previous sentence you should have applied 2 or 3 patches. Yes...as fast as that!

### **SHORT HAIR- APPLICATION**

1. Apply Lycojet against the hair growth with a reasonable amount of pressure, as if you are scraping the hairs up with the edge of the spatula. Before wax sets, redirect the hair back down to its normal hair growth direction. NOTE: It is important to keep the edges slightly full so that you have a clean lifting edge.

4. Apply 2-3 patches, then remove against the hair growth, in the same order as you have applied them (At first you can apply just 1 patch, let it set and remove it, so you get a feel for it. However it is important you develop a faster



application and removal technique, otherwise it will take too long to do any waxing.)

5. Do not allow wax patches to overset, or to cool too much before you remove them. They need to be set and not tacky to touch, but still soft and pliable for easier and neater removal. Wax that has set too hard is difficult to remove and it will break and cause discomfort for the client.

### **LONG HAIR - APPLICATION**

1. If hair is long on bikini lines or underarm hairs, first trim the hair to about 1 cm long. This makes wax application and removal easier and more comfortable. Then remove as per short hair instructions.

2. If hair is long on arms or legs, Lycojet can be applied in the direction of hair growth. Apply wax with the edge of the spatula, scraping firmly over the skin. NOTE: It is important to keep the edges slightly full so that you have a clean lifting edge.

### **REMOVAL**

1. To remove LYCON Lycojet, flick the lower end of the patch and remove against the hair growth at a slight angle. (Diagonally to the area being waxed. For example, not straight up the limb, but a little sideways, against the hair growth.)

2. As LYCON Lycojet is applied thinly, DO NOT remove the patches briskly or too quickly as it will break. But also do not remove wax too slowly as it will hurt client. If it breaks you are removing it too fast, and if the client complains of discomfort, you need to speed up a little. When LYCON Lycojet is removed at the correct speed it does not actually hurt.

3. When removing wax, it is important to have flexible wrists, so you pull with a flow over the contour of the body. If you have a rigid wrist when you remove the wax, it is more difficult to remove the wax and the wax can break causing the client unnecessary and avoidable discomfort. The way you need to use your wrist is a bit like turning a page on a book.

4. Always soothe the skin after removing wax by rubbing the just waxed area by hand. On underarms and bikini lines it is more comfortable to apply gentle pressure or to tap the skin rather than rubbing.

5. If any wax bits remain on the skin, you can remove them by using a just-removed wax patch. Turn the used wax patch over, use the shiny side which was not in contact with the skin to remove remaining bits of wax from skin. Just press the just-removed patch onto wax bits to stick them together and lift off.

6. If any large bits of wax remain on the skin, it is best not to pick them off. It is better to apply another layer of LYCON Lycojet over them, let it set, then remove.

Like anything new, it is important to practice Lycojet wax application and removal in order to perfect your technique.

## **LYCON STRIP WAXING**

Made from the very best natural resins and aromatherapy ingredients. Strip waxes leave no sticky residue. No skin drag. Removes hair as short as 2mm.

### **Step-by-step guide to waxing with LYCON Strip wax:**

- Cleanse area to be waxed with Lycon Lycotane
- Do not use Pre-Waxing Oil under strip wax
- Apply wax with a metal spatula or a wooden spatula at a 90 angle to the body in the direction of hair growth with good pressure
- Apply very thinly and evenly so that wax pulls off the skin evenly. Uneven and thick applications can cause skin bruising or grazing
- Bond a waxing strip firmly to the wax in sections
- Do not over rub the waxing strip as the heat of your hands and the friction will keep the wax soft and prevent it from bonding to the hair properly. If you over bond, by over rubbing, the wax will be sticky and will not remove cleanly. This can cause grazing, soreness, redness and swelling
- Pull wax strips off evenly and right through against the hair growth quickly
- Pull the wax off the skin like an aeroplane taking off. Not like a helicopter taking off, which can bruise the skin and cause unnecessary pain
- Pull wax off in small sections, slightly diagonally to the area you are waxing. For example, on the legs, it is best to remove the wax at an angle (it will be more comfortable for the client) and not straight up the leg.
- Soothe waxed area by hand as strips are removed
- When all hair has been removed, cleanse the waxed area with LYCON Lycotane
- To finish apply LYCON Tea Tree Perfect
- Should any irritation occur, apply a cold compress